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Citation: Journal of Applied Physics **114**, 233905 (2013); doi: 10.1063/1.4843635 View online: http://dx.doi.org/10.1063/1.4843635 View Table of Contents: http://scitation.aip.org/content/aip/journal/jap/114/23?ver=pdfcov Published by the AIP Publishing



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Backhopping effect in magnetic tunnel junctions: Comparison between theory and experiment

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(Received 11 November 2013; accepted 22 November 2013; published online 17 December 2013)

We report on magnetic switching and backhopping effects due to spin-transfer-torque in magnetic tunnel junctions. Experimental data on current-induced switching in junctions with a MgO tunnel barrier reveal random back-and-forth switching between magnetization states, which appears when the current direction favors the parallel magnetic configuration. The effect depends on the barrier thickness t_b and is not observed in tunnel junctions with very thin MgO tunnel barriers, $t_b < 0.95$ nm. The switching dependence on bias voltage and barrier thickness is explained in terms of the macrospin model, with the magnetization dynamics described by the modified Landau-Lifshitz-Gilbert equation. Numerical simulations indicate that the competition between in-plane and out-of-plane torque components can result in a non-deterministic switching behavior at high bias voltages, in agreement with experimental observations. When the barrier thickness is reduced, the overall coupling between the magnetic layers across the barrier becomes ferromagnetic, which suppresses the backhopping effect. © 2013 AIP Publishing LLC. [http://dx.doi.org/10.1063/1.4843635]

I. INTRODUCTION

Magnetic tunnel junctions (MTJs) consisting of two thin metallic ferromagnetic layers separated by an ultrathin layer of insulating material exhibit a tunneling magnetoresistance (TMR) effect associated with a change of the magnetic configuration from parallel to antiparallel alignment.¹ The magnitude of the effect significantly depends on the insulating barrier. Very large TMR ratios have been found in MTJs with epitaxial MgO barriers.² In this case, the TMR effect cannot be accounted for by the simple Julliere model, and the large TMR results rather from specific spinfiltering properties of the epitaxial MgO barrier.³ Owing to their large TMR ratio, MTJs with MgO tunnel barriers are considered as highly promising systems for various applications in spintronics devices and information technology.⁴ Indeed, MgO-based MTJs exhibiting large TMR ratio are already used as bit-cells in magnetic nonvolatile memories.5

The magnetic configuration of MTJs, and thus also the corresponding resistance, can be controlled either by magnetic fields or by spin polarized currents via the spin-transfertorque (STT) effect. Due to STT, MTJ-based memory cells can be switched between the two states with parallel (P) and antiparallel (AP) magnetizations, depending on the orientation of the tunneling current. It has been shown, however, that random switching between the AP and P states can occur at specific voltage conditions.^{6,7} This effect is now known as backhopping. The backhopping phenomenon can deteriorate the memory performance,^{8,9} but since the effect resembles the behavior of spiking neurons it could also be used to emulate neuronal networks.¹⁰

In order to understand the backhopping effect, one should first understand its physical origin. For this purpose, we have carried out a detailed experimental study of this phenomenon in CoFeB/MgO/CoFeB MTJs with different tunnel barrier thicknesses. To identify the reasons for and the parameter space of the bistability, we have used the macrospin model and the Landau-Lifshitz-Gilbert (LLG) equation (with the STT included^{11,12}) to calculate MTJ stability diagrams. A similar approach has been applied successfully to metallic spin valve structures.^{13–15} Using STT components determined experimentally from the spin-torque diode measurements,¹⁶ we are able to identify the conditions for backhopping. The stability analysis is supported by numerical simulations. The theoretical predictions are also consistent with the experimental data on current-induced magnetization switching (CIMS) in our MTJs.

In Sec. II we present experimental data on currentinduced magnetic switching in three samples with different MgO barrier thicknesses. These data clearly reveal backhopping in two samples, while no backhopping is observed in junctions with the thinnest MgO barrier. Theoretical modeling of the switching and backhopping phenomena is

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presented in Sec. III. Summary and conclusions are given in Sec. IV.

II. EXPERIMENT

To investigate the backhopping phenomenon, MTJs with the following stack sequence were used (thickness in nanobuffer/PtMn(16)/Co₇₀Fe₃₀(2)/Ru(0.9)/Co₄₀Fe₄₀B₂₀ meters): (2.3)/wedgeMgO(0.7 - 1.1)/Co₄₀Fe₄₀B₂₀(2.3)/capping. The multilayer structures were deposited in a Singulus Timaris system. After deposition, the films were annealed at 340 °C in a magnetic field of 1T to set the exchange bias direction. Afterwards, MTJs with three different MgO barrier thicknesses were patterned using electron beam lithography, ion-milling, and lift-off processes. The nanopillars had an elliptical cross-section with the short and long axes equal to 150 nm and 250 nm, respectively. The corresponding TMR ratio varied from 110% for 0.76 nm thick MgO tunnel barrier up to 170% for 1.01 nm thick MgO. The breakdown voltage of the MTJ with 1.01 nm thick MgO reached 1.4 V. Detailed information on our MTJs, especially on the coercivity, anisotropy, and dipolar fields can be found in our previous work.¹⁷ Further details can also be found in Ref. 16.

The backhopping effect was observed during the CIMS measurements. In these experiments, voltage pulses with a duration of 10 ms and an amplitude ranging from 0 up to ± 1 V were applied to the MTJs, and the resistance of the MTJs was measured during the switching pulse (see Fig. 1). In addition, in order to make sure that the final state is stable, the resistance was also measured at the low bias voltage of $V_b = 0.01$ V directly after the switching pulse. In our case, positive voltage indicates electrons tunneling from the bottom reference layer to the top free layer. Thus, positive voltage polarity favors switching from the AP to P magnetic state,¹⁷ while negative voltage switches the system back from the P to AP state.

Figure 1(a) presents an experimental CIMS loop for the sample with a 1.01 nm thick MgO tunnel barrier. For this MTJ, the application of sufficiently large positive voltage pulses, V > 0.85 V (corresponding to the current density in the AP state of $J_{cAP} = 4.76 \text{ MA/cm}^2$ and in the P state of $J_{cP} = 7.6 \text{ MA/cm}^2$), induces random transitions between the AP and P states. Both magnetic states are stable, which is confirmed by a constant junction resistance after the voltage pulse. This is shown in the inset of Fig. 1(a), where the resistance in the backhopping range is measured directly after the switching pulse (at $V_b = 0.01 \text{ V}$) and is depicted as a function of the voltage of the main switching pulse. The final state is either of low resistance (P state) or high resistance (AP state), and the backhopping events between these states are clearly seen. Contrary, for negative voltages only a single switching event is recorded.

Figures 1(b) and 1(c) present similar CIMS loops for MTJs with 0.95 nm and 0.76 nm thick MgO tunnel barriers, respectively. In the former case, only a single backhopping event is observed for V > 0.75 V ($J_{cAP} = 6$ MA/cm² and $J_{cP} = 10.8$ MA/cm²), while in the latter case, an abrupt transition from the AP to P state for positive voltage pulses is

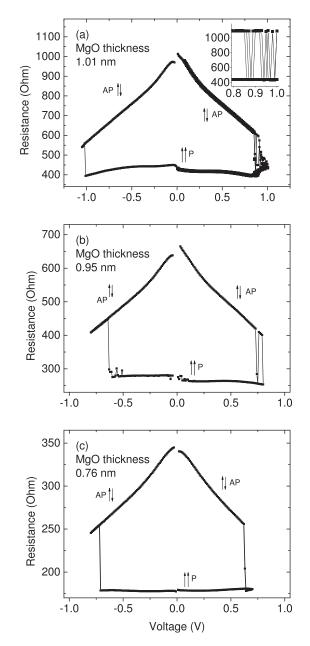


FIG. 1. Experimental CIMS loops of MTJs with 1.01 nm (a), 0.95 nm (b), and 0.76 nm (c) thick MgO tunnel barriers, measured during the voltage pulse. The inset in (a) shows the MTJ resistance after the voltage pulse, probed at $V_b = 0.01$ V.

recorded, without any backhopping. As in the case shown in Fig. 1(a), only a single transition from the P to AP configuration was observed in both samples for negative voltage pulses.

To explain qualitatively the aforementioned behavior, we note first that the thicker the MgO tunnel barrier, the larger voltage pulse is required for CIMS to occur. The magnitudes of the in-plane and out-of-plane torques for thick barriers are comparable. In addition, for positive bias voltage both torque components have opposite sign, and therefore, the competition between both torques triggers backhopping events. More specifically, as the in-plane torque tends to switch the system to the P state, the out-of-plane torque tends to restore the AP configuration. Moreover, coupling between the free and reference layers is antiferromagnetic for thick tunnel barriers, which additionally enhances the out-of-plane torque (see Eq. (2)). The sign of this coupling turns out to be important for the occurrence of backhopping. For thin tunnel barriers, on the other hand, switching of the free layer occurs at smaller voltages, for which the in-plane torque dominates. Moreover, coupling between the magnetic layers is then ferromagnetic,¹⁷ which effectively diminishes the role of the out-of-plane torque.

III. THEORETICAL DESCRIPTION

In this section, we consider theoretically the backhopping effect observed in the MTJs, and compare theoretical predictions with the experimental observations. To do this we describe the system in terms of the macrospin model and apply the LLG equation to describe its magnetization dynamics. The LLG equation includes the effects of all effective magnetic fields, as well as of the current-induced STT. Let us denote a unit vector along the spin moment of the free layer by \vec{s} . The LLG equation for the vector \vec{s} takes then the following form:

$$\frac{d\vec{s}}{dt} + \alpha \vec{s} \times \frac{d\vec{s}}{dt} = \vec{\Gamma}_U + \vec{\Gamma}_P + \vec{\tau},\tag{1}$$

where α is the Gilbert damping parameter, while the righthand side represents the total torque exerted on the magnetization vector. This torque includes contributions due to uniaxial (Γ_U) and planar (Γ_P) anisotropies, as well as STT ($\vec{\tau}$) due to spin current flowing through the junction. In the MTJ structures, both components of STT, i.e., the in-plane and out-of-plane ones are of a similar magnitude as predicted by theory¹⁸ and also measured experimentally.^{19,20} Therefore, both components are important, and both should be taken into account in the LLG equation on equal footing.

The total STT exerted on the magnetic moment of the free layer can be thus expressed as

$$\vec{\tau} = \vec{\tau}_{\parallel} + \vec{\tau}_{\perp} = \vec{\tau}_{\parallel} + (\vec{\tau}_{C\perp} + \vec{\tau}_{0\perp}), \qquad (2)$$

where $\vec{\tau}_{\parallel}$ is the in-plane torque component, while $\vec{\tau}_{\perp}$ is the total out-of-plane torque component. The latter torque consists of pure current-induced torque $\vec{\tau}_{C\perp}$ and effective torque due to coupling between the free and reference layers, $\vec{\tau}_{0\perp}$.⁷ The term $\vec{\tau}_{0\perp}$ originates from the magnetostatic field (shape dependent) as well as from the interlayer exchange interaction between the magnetic free and reference layers.²¹

The LLG equation can be rewritten in spherical coordinates in the dimensionless form 22

$$\frac{d\theta}{d\tilde{\tau}} = -h_P \cos\phi \sin\theta(\alpha\cos\theta\cos\phi + \sin\phi)
-\alpha\sin\theta\cos\theta - (h_{\parallel} + \alpha h_{\perp})\sin\theta,
\frac{d\phi}{d\tilde{\tau}} = h_P \cos\phi(\alpha\sin\phi - \cos\theta\cos\phi)
-\cos\theta + \alpha h_{\parallel} - h_{\perp},$$
(3)

where $\tilde{\tau}$ is the dimensionless time, h_P , h_{\parallel} , and h_{\perp} denote the dimensionless planar anisotropy, in-plane and total out-ofplane torques, respectively, whereas ϕ and θ are the azimuthal and polar angles. The planar anisotropy constant K_P is normalized here to the uniaxial anisotropy constant K, $h_P = K_P/K$, while the components of STT are normalized to the product of uniaxial anisotropy constant K and thickness t_f of the free layer, $h_{\parallel,\perp} = \tau_{\parallel,\perp}/2Kt_f$.

In the following, the LLG equation will be used to study the phenomenon of backhopping. First, we will analyze the stability diagrams of the MTJs. Then, we will present results of full scale numerical simulations of the CIMS loops and backhopping effect, based on the LLG equation.

A. Stability analysis

The LLG equation describes a nonlinear dynamical system and has the following general form: $d\vec{x}/dt = f(\vec{x})$, where f is a nonlinear function. To identify behavior of such a system, we linearize f near the equilibrium points, defined by the condition $f(\vec{x}_0) = 0$. Equations (3) have two main equilibrium states corresponding to the spherical angles $\theta = 0$ (P configuration) and $\theta = \pi$ (AP configuration). Thus, we linearize Eq. (3) around the AP and P configurations. This procedure is the first step of the linear stability analysis,²³ which relies on investigating local properties of the dynamical system, particularly properties of equilibrium points which may be attracting (stable) points or repulsive (unstable) points. The type of an equilibrium point is determined by the eigenvalues of the dynamical matrix of the linearized equation.

The eigenvalues of the linearized form of Eq. (3) have been calculated earlier for metallic spin valves, but without considering the bias-dependent out-of-plane torque.²⁴ These results can be easily adopted to the situation studied in this paper. Accordingly, the four eigenvalues (one pair for each equilibrium state) have the following form:

$$\mu_{1,2}^{P} = -\frac{1}{2} \left[2h_{\parallel} + \alpha(2 + h_{P} + 2h_{\perp}) \pm \sqrt{4[\alpha h_{\parallel}(2 + h_{P} + 2h_{\perp}) - \alpha^{2}h_{\parallel}^{2} - 1 - h_{P} - (2 + h_{P})h_{\perp} - h_{\perp}^{2}] + \alpha^{2}h_{P}^{2}} \right], \tag{4}$$

$$\mu_{1,2}^{AP} = -\frac{1}{2} \left[2\alpha - 2h_{\parallel} + \alpha h_P - 2\alpha h_{\perp} \pm \sqrt{4 \left[h_P h_{\perp} - 1 - \alpha^2 h_{\parallel}^2 - h_P - \alpha h_{\parallel} h_P - h_{\perp}^2 \right] + 8 \left[h_{\perp} + \alpha h_{\parallel} h_{\perp} - \alpha h_{\parallel} \right] + \alpha^2 h_P^2} \right].$$
(5)

The sign and character (real or imaginary) of the above eigenvalues determine the stable or unstable character of the P and AP states. This allows us to create the stability diagrams for both magnetization configurations, shown in Figs. 2(a), 2(c), and 2(e) for the three investigated junctions corresponding to different MgO barrier thicknesses. The

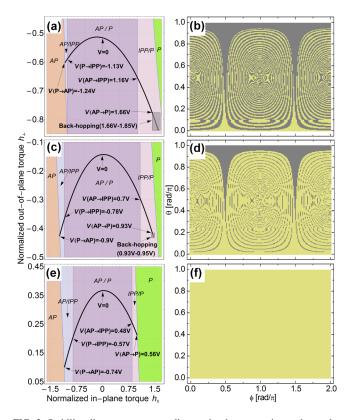


FIG. 2. Stability diagrams corresponding to the three experimental samples with different MgO thickness: 1.01 nm (a), 0.95 nm (c), 0.76 nm (e). The corresponding parameters are: magnetization saturation ($M_S = 0.9 \text{ T}$, 1.0 T, and 1.0 T), room-temperature anisotropy field ($H_K = 64 \text{ Oe}$, 70 Oe, and 120 Oe), damping coefficient ($\alpha = 0.014$, 0.015, and 0.020), and interlayer coupling field ($H_c = -33 \text{ Oe}, -10 \text{ Oe}, \text{ and } +44 \text{ Oe}$), respectively. The coupling fields and damping factors were taken from our previous work.² Different areas correspond to the different stable/bistable solutions of the LLG equation: P-parallel state, AP-antiparallel state, IPP-in-plane precessions (close to the AP state in the right areas, positive voltage, and close to the P state in left areas, negative voltage). The solid line corresponds to STT taken from experiment. Right panel presents basins of attractions for the samples with MgO thickness 1.01 nm (b), 0.95 nm (d), and 0.76 nm (f), calculated for voltages 1.7 V, 0.95 V, and 0.6 V, respectively. Yellow (bright in print) and grey (dark in print) colors correspond to initial conditions resulting in the stable P and IPP states, respectively.

diagrams are plotted in the space of normalized in-plane and out-of-plane torque components. Different areas in these diagrams correspond to different types of stable solutions of the LLG equation. In general, one can distinguish five cases: (i) the P and AP states are both stable, (ii) only the P state is stable, (iii) only the AP state is stable, (iv) the P state is stable while stationary in-plane precessions occur around the unstable AP configuration, and (v) the AP state is stable while stationary in-plane precessions (IPP) occur around the unstable P configuration. The stable in-plane oscillations, marked in Figs. 2(a), 2(c), and 2(e) as IPP states, arise from loss of stability of the P or AP state. When a stable point changes to an unstable repulsing point, then the stable precessional solution may appear. The mechanism is known as a supercritical Hopf bifurcation,²³ and it has been checked that it is present also in the considered system. Contrary, the IPP state loses its stable character due to homoclinic bifurcation.²³ In Figs. 2(a), 2(c), and 2(e), the stability of the IPP state has been determined by the numerical calculation.

The black solid lines in Figs. 2(a), 2(c), and 2(e) correspond to the STT components $(h_{\parallel} \text{ and } h_{\perp})$ taken from experimental data at different bias voltages.¹⁶ Since we were unable to measure the STT components for voltages higher than 0.4 V, we assumed that the in-plane (τ_{\parallel}) and out-of-plane $(\tau_{c\perp})$ torques depend linearly and quadrically on the bias voltage:²⁵ $\tau_{\parallel}(V) = aV$ and $\tau_{c\perp}(V) = bV^2 + cV$. Therefore, the out-of-plane torque can be expressed through the in-plane component as: $\tau_{\perp}(\tau_{\parallel}) = b\tau_{\parallel}(V)^2/a^2 + c\tau_{\parallel}(V)/a + \tau_{0\perp}(V = 0)$, where *a*, *b*, *c* are parameters taken from fitting to experimental results.

In each of the bistable regions in Figs. 2(a), 2(c), and 2(e), two types of stable solutions of Eq. (3) are possible: P or AP, P or IPP, and AP or IPP. Note, the IPP states associated with P and AP configurations are different, as already mentioned above. The influence of interlayer coupling (contributing to $h_{0\perp}$) is clearly visible when comparing Figs. 2(a), 2(c), and 2(e). In Fig. 2(a), the overall coupling between the free and reference layers is antiferromagnetic, so the out-of-plane torque (see the black solid line) for $h_{\parallel} =$ 0 is negative. Both the antiferromagnetic coupling and outof-plane torque favor then the AP state. This is the reason why a larger value of in-plane torque (achievable at higher voltage) is needed for the AP to P switching in this sample. The coupling in Fig. 2(c) is still antiferromagnetic but its magnitude is reduced. Contrary, in Fig. 2(e) the net interlayer coupling has ferromagnetic character, which results in positive out-of-plane torque for $h_{\parallel} = 0$. The above discussion also accounts for one feature of the diagrams in Figs. 2(a), 2(c), and 2(e), namely, the fact that the part of solid line (experimental torque) laying in the IPP/P bistable region covers the widest voltage range (about 0.5 V) for the MTJ with the thickest MgO tunnel barrier, $t_b = 1.01$ nm (see Fig. 2(a)), whereas very narrow bistable range is simulated for the thinnest MgO tunnel barrier, $t_b = 0.76$ nm.

Magnitudes of the competing in-plane and out-of-plane torque components have a significant influence on the probability of backhopping. This backhopping appears for voltages above the voltage at which switching from the AP (or more correctly from IPP) to P states appears (see Figs 2(a) and 2(c)). However, experimental data show that the multiple backhopping appears only for the MTJ with the thickest MgO tunnel barrier, when the out-of-plane torque is sufficiently strong. We note that the backhopping appears between the IPP (close to AP configuration) and P states. In the MTJ with the thinner barrier, $t_b = 0.95$ nm, only a single backhopping event was observed experimentally, while no backhopping was noticed for the thinnest barrier, $t_b = 0.76$ nm. This is because the in-plane torque in MTJs with thinner MgO barriers is larger than the out-of-plane one, and thus the switching from the AP to P states occurs at a relatively small bias voltage, for which the out-of-plane torque is not able to switch the system back to the IPP state. The IPP state occurs rather near the unstable AP configuration and when the MTJ is switched to the P state, the IPP state is not achievable anymore (or very rarely). The bistable regions in the stability diagrams indicate that transitions between the corresponding two solutions are allowed, but say nothing about their probabilities. To study this problem in more details, we have calculated the corresponding basins of attraction, shown in Figs. 2(b), 2(d), and 2(f).

Numerical calculations of the attraction basins have been performed for V = 0.01 V (low voltage state, not shown) as well as at voltages slightly greater than $AP \rightarrow P$ switching voltages: V = 1.7 V (for 1.01 nm MgO), V = 0.95 V (0.95 nm MgO), and V = 0.6 V (0.76 nm MgO). The results, shown in Figs. 2(b), 2(d), and 2(f), are consistent with the stability diagrams from Figs. 2(a), 2(c), and 2(e). In Figs. 2(b) and 2(d), there are two possible solutions: P corresponding to the yellow areas (bright in print) and IPP corresponding to the gray areas (dark in print). For the junction with thick MgO barrier, Fig. 2(b), there is a large probability of IPP solution even after AP \rightarrow P switching. There are wide grey stripes near the P state $(\theta = 0)$, which correspond to the IPP solution. Contrary, Fig. 2(d) is dominated by yellow color, while the gray stripes are very narrow. This indicates that after switching to the P state, transition back to the IPP state is much less probable, though still possible, which is in agreement with our experimental observations as well as with numerical simulations to be described later on. This difference in attraction basins holds at low voltage state (V = 0.01 V) as well (not shown). Thus, the P state is more stable for junctions with thinner MgO barriers. The difference is due to different magnitudes of the overall coupling, as already discussed above.

For the MTJ with the thinnest MgO barrier, the overall coupling between the free and reference layers is strongly ferromagnetic. This results in a very narrow positive voltage range for which IPP oscillations can occur, in contrast to negative bias voltages, where IPP oscillations are present in a wider range. However, the main difference between the MTJ with the thinnest MgO barrier and thicker barriers is that the IPP oscillations do not exist after the switching to the P configuration, thus, backhopping is not possible. This is clearly visible in the corresponding attraction basin (see Fig. 2(f)), where all the area is yellow (bright in print), indicating that the P state is stable and no backhopping to the IPP state can appear.

B. Numerical simulations

The conclusions we arrived at when analyzing the stability conditions of the P and AP states of the MTJs are supported by numerical full-scale simulations. To solve the LLG equation, Eq. (3), we used the fourth-order Runge-Kutta algorithm. From the time evolution of the polar angle θ , we calculated its mean value θ_m and then the junction resistance according to the formula: $R(\theta_m) = (R_P + R_{AP})/2$ $+[(R_P - R_{AP})/2]\cos(\theta_m)$, where R_{AP} and R_P are the resistances in the AP and P states, respectively. We assumed that initial conditions deviate from $\theta = 0, \pi$ due to thermal fluctuations estimated for a temperature of 300 K.²⁶

The parameters used in simulations were taken from our previous works,^{17,27} whereas STT components were measured using the spin-torque diode effect,¹⁶ and are given in the caption to Fig. 2 and also in the main text. Results on the simulations of CIMS loops are presented in Fig. 3 for three barrier thicknesses. When comparing the experimental results of Fig. 1 with the theoretical results of Fig. 3, one

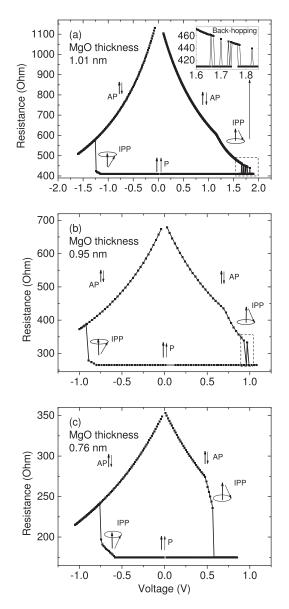


FIG. 3. Numerical simulations of the CIMS loops for three MTJs with different MgO tunnel barrier thicknesses. The inset in (a) shows the region of the backhopping instability.

finds a good qualitative correspondence. Switching from AP to P state occurs via IPP states, which are close to the AP configuration, so the corresponding difference in resistance is only weakly resolved in the simulations. Moreover, for the thickest barrier, a clearly resolved multiple backhopping effect is seen. For the thinner barrier, only a single backhopping event is detected, while no backhopping is found for the thinnest tunnel barrier, in agreement with experimental data. For negative voltages, only a single switch from the P to the AP state occurs, and a narrow voltage range with IPP precessions close to the P state exists. Moreover, the numerical simulations also show that the transition from antiferromagnetic to ferromagnetic effective coupling between the free and reference layers, which depends on the MgO barrier thickness, is an important factor for the backhopping effect.

In the simulations, we have neglected the influence of thermal fluctuations. Such fluctuations are usually taken into account in the LLG equation via a stochastic magnetic field. Thermal fluctuations, though crucial in determining initial conditions, are less important for dynamics at short time scales. To test this, we performed numerical simulations with these fluctuations taken into account. The results indicate that thermal fluctuations have a rather small influence on the occurrence of backhopping events and on the width of the voltage range where backhopping takes place (the voltage range is only weakly shifted towards lower voltages by thermal activation). Therefore, we discarded such effects and focused on the main origin of backhopping, i.e., the interplay of the spin torque components and the torque due to the interlayer exchange coupling. Thermal fluctuations can also influence the results via a thermal reduction of magnetization and magnetic anisotropy. This generally leads to a reduction of the critical current density for magnetic switching. Moreover, the temperature of the device may increase with increasing current due to Joule heating, which additionally complicates a theoretical description of actual devices. These effects are not addressed in this manuscript.

IV. SUMMARY AND CONCLUSIONS

In summary, we have studied experimentally the CIMS loops in MgO-based MTJs with different MgO barrier thicknesses. The experimental data clearly show that backhopping occurs for thicker tunnel barriers. No backhopping was found in MTJs with very thin tunnel barriers, where the effective interaction between the free and reference layers is ferromagnetic.

Using the macrospin model and modified Landau-Lifshitz-Gilbert equation containing the STT terms, we analyzed the stability conditions and we performed numerical simulations of the CIMS loops. Assuming the experimentally determined parameters of the MTJs, including the STT components, magnetic anisotropy, effective damping constant, and the interlayer coupling, we showed that backhopping between the P and AP states can be rationalized by a competition between the in-plane and out-of-plane torque components. Backhopping occurs when both torques have similar magnitude (which is the case near the switching voltage of relatively thick tunnel barriers) and opposite signs. Because antiferromagnetic coupling between the free and reference layers increases the magnitude of the out-of-plane torque, it enhances the tendency towards backhopping. For very thin barrier, on the other hand, the in-plane torque dominates near the switching voltage and, consequently, abrupt magnetization switching without backhopping is observed.

ACKNOWLEDGMENTS

This project was supported by the NANOSPIN Grant No. PSPB-045/2010 from Switzerland through the Swiss Contribution and by the Polish National Science Center Grants Nos. NN515544538 and DEC-2012/04/A/ST3/00372. Numerical calculations were supported in part by PL-Grid Infrastructure. W.S. acknowledges the Foundation for Polish Science MPD Programme co-financed by the EU European Regional Development Fund. G.R. acknowledges the DFG funding (Grant No. RE 1052/22-1). S.v.D. acknowledges financial support from the Academy of Finland (Grant No. 260361).

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